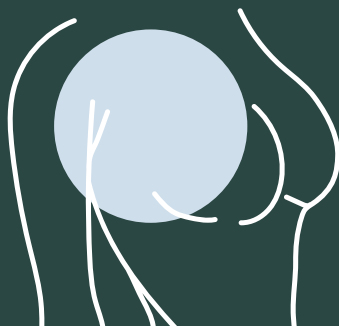


Tshekuan ne ?

Manitush-akushun tshitshishit, eukuan anu uet mishta-mishituepanit anite Kanata-assit eshi-taht auenitshenat.

Anite nitautshu ka ut apishashiniti tshekuaana anite uiashtit utshitshishimit auen, iapit tshitshish e uinakanit, iapit ume e uitakanit uapikana auen, utikuai mak ushkassipaikan.

Tshipa tshi ishinakuan ne akushun tshetshi mishitue panit eka natu itamatshiut auen.



Kanatu-tshissenimakanit auen

Natu-tshissenimakanu auen utshitshishimit tshetshi tanikuenit manitusha eshku eka tshekuannu matenitak.

Miam uapamakanit manitusha anite auen utshitshishimit mak aitutuakanit auen anite e tshitshipanniti, tshipa minupannu tshetshi natukuiakanit. Itatupipuneshiekui 40 nuash 74, natu-tshissenimitishuku tshitshishishimuat eshakuminishupuna (2).

Eku itatupipuneshiekui 75 kie ma anu, natutuenitamueku natuniutshuapit ka tat ka nishtuapatak minuinniunnu tshetshi ut natu-tshissenimikaiekui tshitshishishimuat.

Aiminan

Centre de santé de uashat
1084, avenue De Quen, Uashat
G4R 4L9

Centre de santé de mani-utenam
14 rue Innut, Mani-utenam
G4R 4K2

418 962 0222



Manitush-akushun tshitshishit



INNU TAKUAIKAN
UASHAT MAK MANI-UTENAM

SANTÉ & SERVICES SOCIAUX UAUITSHTUN



TAPUENANU KIE MA APU TAPUENANUT

Manitush-akushun tshitshishit,
ishkueuat nenu muku katshitaukuat.

APU TAPUENANUT !

Napeuat kie eukuan eshinakushiht anite
ushkassikannuat miam ishkueua, muku
uinuau apu ishi-nitautshinniti miam
ishkueua. Tshipa tshi ma kie uinuau
mukuat nenua eshinakushiniti manitusha.
Muku, apu shuku ne ishinakuak (nashiku
1%)

Ishkueuat ka apishissiniti
utshitshishima apu kushtikuannit
tshetshi nitautshinniti manitush-
akushunnu.

APU TAPUENANUT !

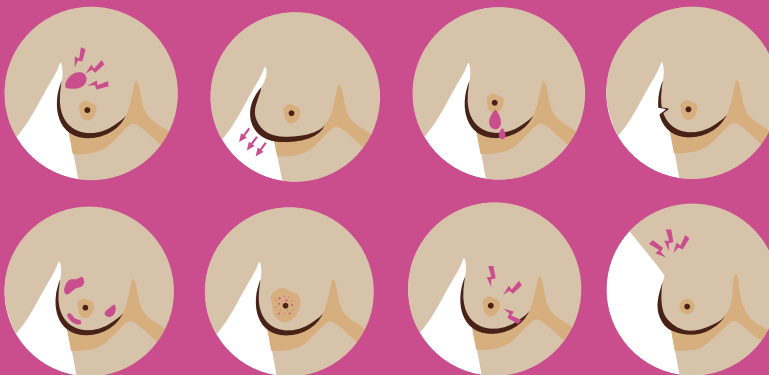
Nenua meshishtiniti utshitshishima anite ishi-
tshitapatakanu e uiashut, eku ne uin manitush
nakana ishi-nitautshu anite pemipaniti nenua
ka apishashiti tshekuana tshiat.

Peikutau ishpishanu ishkueuat anite pemipaniti
nenua ka apishashiniti tshekuana. Eku,
ishkueu ka apishissishiniti utshitshishimima
iapit kushtikuannu kie uin tshetshi taniti
manitusha anite utshitshishimit miam nenua
ishkueua ka mamishishishtinniti
utshitshishiminua.

TSHIPA ISHI- MATENITAMU AUEN

Nakatu enitamukumenua tshipa ishi-
matenimakanu ne manitush-akushun
tshitshishit :

- Tshipa nitautshinnua tshekuana auen
utshitshishimit
- Apu shashish mashkutshipannit
eshpishtiniti kie ma eshinakushiniti
utshitshishima
- Uetshikunniti peiku nenu utshitshishima,
mak shetshen uetshikunniti (eka e
uitshiakanit)
- Netautshinnit kie ma meshkutinnit uiash
anite utshitshishimit
- lakushiti auen



Pashkapatamekui ne
eshi-mishkutshipanit,
kie ma eka tshi minu-
tshissenitamekui,
ituteku anite
natukuniutshuapit.

TSHIPA ISHI- KUSHTIKUAN

- Etatupipuneshit auen e uitakanit :
83% manitush emussipanit anite
ishkueua utshitshishiminnit anite
ut 50 etatupipuneshit mak anu.
- Tshe eka ashupamaushut kie ma
ushkat e ashupamaushut katshi
nishtunnuepipuneshit (30).
- Ut tshi kanuenimaniti matushua
utshitshishiminnit auennua anite
uikanisha.
- Uipat pemipapnit utakushuna.
- E punipanniti utakushuna e
tshishe-ishkueut.